

## ADHD MEDICATION POLICY

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

As we continue to strive to provide the best medical care possible and to comply with current national guidelines, we have made changes to our ADHD medication refill policy as well as to the medication follow up visit schedule. Please carefully review this information so you are fully aware of the changes.

### How do I get a prescription renewed for my child?

*Stimulants are medicines for attention deficit hyperactivity disorder (ADHD). They are part of a class of medications called “controlled substances”. This means you must have a new prescription for each month’s supply of medicine. We cannot call or fax the prescription in to your pharmacy.*

Your doctor **can** send the prescription(s) electronically to your pharmacy. When it is time for your doctor to send in a refill, you may call or send a portal message requesting the refill needed. Please include your **pharmacy** and the name of the **medication** and **dose** your child takes with your request. If 3 month prescriptions are sent, contact your pharmacy to ask for the “next month’s prescription to be filled” (not a refill).

We ask that you **request the refill at least 3 business days before you run out of the medicine.** This allows your primary physician to be involved in the refill. **Refill requests go to the primary physician and will not be filled by an on-call physician unless your primary physician is out of the office for over one week.** Please call your pharmacy to determine when your prescription will be ready for pickup.

Contact our office: (206) 368-6080

Portal System Requests: these will be sent to your primary physician.

### **Regarding office visits for ADHD (“medication follow up” visits):**

- If your child is just starting the medication, a **monthly visit** will be required until the medication/dosage/timing are optimized and stable.
- Once stable on a medication, **IN OFFICE/VIRTUAL medication follow up visits will need to be scheduled every 3 months for the first year of treatment.** At these visits, as long as there are no changes in medications, your child’s provider will be able to provide you with three months of prescriptions.
- When your child has been on a stable dose of medication for a year, **IN OFFICE/VIRTUAL medication checks will be needed every 6 months.**
- **Due to insurance reimbursement rules, we are no longer able to combine medication follow up visits with well visits.**

We appreciate your understanding and cooperation as we strive to continue to provide your child with the best care possible.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_